



Cervical Cancer Awareness Month

Two simple steps that you can take to prevent cervical cancer:

Vaccinate early. HPV vaccine reduces cervical cancer risk by 75%.

It is recommended that girls be vaccinated starting at age 11.

Screen regularly.

Women should start with a Pap test at age 21 and should be co-tested with a Pap and an HPV test starting at age 30.



Dignity Health®

St. Elizabeth Community Hospital

Lassen Medical Clinic